

Hummus



Based on Bunge FarmOrigin First Pressed Sunflower Oil

Ingredients		Weight, g
A	Canned Chickpeas, Drained	225
	Brine Liquid	40
	Bunge FarmOrigin First Pressed Sunflower Oil	30
	Lime Juice	5 (1/2 a lime)
	Garlic, Peeled	15 (about 3 cloves)
	Parsley Leaves	5
	Cumin, Ground	2
	Salt	2
B	Curry Powder	As garnish
C	Bunge FarmOrigin First Pressed Sunflower Oil	30

Method:

1. Put A into a food processor or blender, blend until a smooth texture is achieved.
2. Transfer the hummus onto a serving plate and lightly dust with some curry powder.
3. Drizzle the Bunge FarmOrigin First Pressed Sunflower Oil on the hummus and ready to serve.

This recipe is provided for informational purposes only. We cannot anticipate the conditions under which this recipe and the ingredients from other manufacturers may be used and therefore cannot take responsibility for your final result. It is the user's responsibility to ensure safe conditions in relation to the handling, storage and disposal of the products.